



Carbsnap

Free AI-Powered Carb Counting

Validated at the 2025 ADA Scientific Sessions

CLINICALLY VALIDATED

Dietitian-level accuracy
ADA 2025

Learning to Count Carbs? There's a free tool that can help.

Carbsnap uses AI to estimate the carbs and macros in your food from a photo. Just snap a picture of your meal and get an instant estimate — no searching databases or guessing portion sizes.

How It Works

1 Snap a Photo

Take a picture of your meal or snack.

2 Get Your Estimate

Carbsnap's AI analyzes the image instantly.

3 Learn & Improve

Compare to your own estimate and build skill.

Why Your Dietitian Recommends This

- ✓ **Completely free**
The carb estimation feature costs nothing — no trial, no subscription required.
- ✓ **Dietitian-level accuracy**
Validated against expert dietitian estimates and presented at ADA 2025.
- ✓ **Builds your confidence**
Use it as a "double-check" tool while you learn to estimate carbs.
- ✓ **Works with any food**
Home-cooked meals, restaurant dishes, packaged snacks — just take a photo.

Download Carbsnap — It's Free

Scan the QR code for your phone



iPhone (App Store)



Android (Google Play)